

First Aid Kit

**This kit is designed to get me back to my truck, where I have a very robust first aid kit that I call a "trauma" kit. This kit would also help me get through the first 2 to 4 days of a spike out hunt, helping me not bail out on a buddy but keeps me tolerable until I can get to a doctor. **

***This kit goes with me everywhere: hunting, fishing, working on my farm, hiking, you name it. ***

****This kit should be modified for the type of trip you're doing and when you've got your kits done, you can simply leave them alone and know what's in there. Thus, when you pack your day pack or spike camp bag or whatever – you simply grab the first aid kit, electronics kit, kill kit and survival kit and go. I believe it simplifies things a great deal. All my kits are kept in Kifaru small/medium zippered pull out bags. Some folks combine their kits in order to save weight and that's cool too, but saving weight has drawbacks. I carry a little more weight and just hike slower. That's my style – slow hunt. ****

- O Athletic tape (probably ½ a roll, this is the one tape that will secure a bandage to a wound that you can tear with one hand and your teeth, if you cut your hand and have to doctor it, you'll be doing it, with one hand and your teeth – trust me I know.)
- O Zip lock bag with about 8 paper towels in it (Clean high-quality paper towels work better than any gauze pad or bandage I've ever used. Fold a towel into a thick strip to wrap an extremity or into a pad for a bodily wound, whatever the situation dictates, then tape the wound tightly until the bleeding stops. When the bleeding stops, take off the bandage and super glue the wound.)
- O Super glue (in a multi-pack of single use metal tubes)
- O Antihistamine and/or allergy pills (when you travel you run into things you didn't know you were allergic to and burning eyes and sneezing can ruin a hunt. Also, I've had some seriously close calls with paper hornet hives in Colorado. They sometimes build their hives on bushes you're walking through. Enough stings could be serious, so a couple Benadryl tablets would be enough to get me back to the truck, where I have an epi-pen in my trauma kit at the truck.)
- O Pain pills
- O Diarrhea pills
- O Quick clot one-time use pack
- O Cough drops (probably about 20, to help me stay quiet on stand)
- O Sunscreen stick
- O Alcohol prep pads
- O Latex gloves (for doctoring strangers)